



Don't forget to eat your vegetables.

Red Oak Community School Elementary Snack Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

December 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Fresh Apple

3

Cucumber Slices

4

Fresh Grapes

5

Cauliflower Floret

6

Honeydew

7

Noon Release

10

Celery Sticks

11

Fresh Pineapple

12

Baby Carrots

13

Fresh Strawberries

14

Fresh Pear

17

Cherry Tomato

18

Cantaloupe

19

Pepper Medley

20

Banana

21

No School-Winter Break

24

No School-Winter Break

25

No School-Winter Break

26

No School-Winter Break

27

No School-Winter Break

28

No School-Winter Break

31

1



Regular PK-3	\$2.55
Regular 4-12	\$2.70
Reduced	\$0.40
Adult	\$3.70
Milk	\$0.45

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
 Entree Salads are served with Dinner Roll
 For questions or comments, contact Mindy Riibe at 712-621-0042 or email riiem@roschools.org

